

Trans HRT

Hormone replacement therapy for the gender-nonconforming and transgender is common. No one should rush getting HRT as it is a big step. There are associated health risks and the procedure is still being studied. Some individuals order hormones from foreign sources. It is the opinion of this provider that this is not an optimal way in which to receive HRT. Not only is it expensive, it is unnecessary. It is strongly suggested that you work with a medical doctor who can oversee your treatment. Once you make the decision to transition, I can provide a letter for you to present to the doctor of your choice. You should also make certain to engage with a therapist for any mental health issues you may have regarding your transitioning.

TEXAS: DFW Area

Medical Doctors – Adult Care

[Dr. Jessica Abramowitz, M.D.](#) 214-648-3494 (Dallas)

[Dr. Jennifer Cohen, M.D.](#) 469-273-1790 (Dallas)

[Dr. Patrick Daly, M.D.](#), 214-526-3566 (Dallas)

Dr. David Feinstein, M.D., 214-964-0888 (Dallas)

Dr. Ronald Giometti, M.D., 972-394-9478 (Carrollton)

[Dr. Sumana Gangi, M.D.](#), 972-672-5700 (Mesquite, Rowlett, Greenville)

[Dr. David Lee, M.D. and Dr. Peter Triporo, M.D.](#) 214-303-1033 (Dallas)

[D. Scott Perry](#), RN, FNP-C, 817-249-4381 (Benbrook)

[Dr. Henry Prost](#), M.D. 817-865-5310 (Colleyville)

Dr. Erin Roe, 214-660-2020 (Dallas) and 972-475-5600 (Rockwall)

[Dr. Stockton Roberts](#), 214-828-4702 (Dallas)

[Dr. William Sheldon, Jr.](#), M.D. (Plano)

[Dr. Magdalene Szuskiewicz-Garcia, MD](#), 682-518-1100 (Mansfield & Dallas)

[Dr. Benjamin Thurman, MD](#), 817-927-9911 (Ft. Worth)

[Dr. Terry Watson, D.O.](#), 214-221-8181 (Dallas)

[Dr. Randall Wooley, M.D.](#), 972-284-7000 (Dallas)

[Dr. Paul Worrell, D.O.](#), 214-349-4909 (Dallas)

[Dr. Aimee Wright](#), M.D. 972-424-3333 (Plano)

Clinics—Adult Care

AOC Transgender Wellness Program (Ft. Worth)

Endocrine Associates of Dallas, Jaime Wiebel, MD (Plano, Dallas)

[Resource Center Dallas](#) – Transgender Health Clinic, 214-540-4446 (Dallas)

[Parkland Homeless Outreach Medical Services](#), 214-590-0153 (Dallas, Grand Prairie)

[Planned Parenthood of Greater Texas](#) (Plano, Denton)

[University of North Texas Health Science Center](#), 817-735-3627

Pediatric Care

[Children’s Health Genecis Program](#) (Dallas)

Dr. Hector Granados, M.D. 915-215-5700 (El Paso) – Pediatric only

[Dr. Walter Meyer, M.D. UTMB](#) (Houston – search for his name in search box)

[Dr. Mary Jane Wray](#), M.D. (Luling & Elgin)

[Dr. Aimee Wright, M.D.](#) 972-424-3333 (Plano) (Only age 17 and up)

TEXAS: State Wide / Not DFW

[Dr. Laura Akright, M.D.](#), 210-650-3360 (Schertz/San Antonio)

[Dr. Kelly Bennett, M.D.](#), 806-743-2757 (Lubbock)

[Dr. Todd Cannon, M.D.](#), 512-892-6600 (Austin)

[Dr. Brynna Connor, M.D.](#), 512-382-9500 (Austin)

[Dr. Gordon Crofoot, M.D.](#), P.A., 713-526-0005 (Houston)

[Dr. Georgianna Freeman, M.D.](#), 512-391-9400 (Austin)

[Dr. Julia Kovacs, M.D.](#), (Houston)

[Dr. Melissa Henry](#) (Lubbock)

Dr. Benito Marrazini, M.D. 915-593-2600 (El Paso)

[Dr. Maria Otazo, M.D.](#), 254-420-5000 (Hewitt/Waco)

[Dr. Chadi Richeh](#), 325-481-2388 (San Angelo)

[Amy Upton, NP](#) (Amarillo)

[Dr. Jessica Zwiener, M.D.](#), 832-592-0407 (Houston)

Clinics

[Kind Clinic](#) (Austin)

[Legacy Community Health](#) (Houston, Beaumont)

Nurse Practitioner Associates 210-610-2826 (San Antonio)

Louisiana

[Willis-Knighton Health System](#) (Dr. Melissa Albritton), 318-212-4000 (Shreveport, Bossier City)

[Dr. Brandy Panunti, M.D.](#) (New Orleans, LA)

Oklahoma

Diversity Family Health (Oklahoma City, OK)

[Planned Parenthood Great Plains](#):

(Edmond=405-348-9904, Oklahoma City=405-828-2157, Tulsa=1-800-230-PLAN)

[Tulsa Women’s Health Care](#) (Cole Nilson, DO), 918-299-5151 (Tulsa, OK)

References

[World Professional Association for Transgender Health](#)

[Vancouver Coastal Health Trans Program](#)

[New Zealand Gender Reassignment Health Services](#)

[Trans Bodies, Trans Selves](#)

TransGender Care

[Endocrine Society](#)

[My Trans Health](#)

No Longer Providing HRT/Trans Services or Too Full

Dr. Steven Dorfman, M.D., 214-363-5535 (Not taking new clients, but colleagues are)

Dr. Sarah Nelson, M.D., 817-820-2890 (Ft. Worth)

[Dr. Brian Procter](#), 972-562-8388 (McKinney) (Six month waiting list)

Dr. Sarah Saginaw (moved out of state)

Dr. Karen King, D.O., 214-328-7400 (Not taking new clients)

[Dr. Jaime Vasquez, M.D.](#), 214-528-1083 (Not taking new clients)